

The River Gratitude Ceremony

We humans benefit immeasurably from the many gifts our beloved rivers and waters bestow, and so we offer our gratitude in the sacred act of ceremony.

In the universal spirit of ceremony...
Set your intention
and initiate these sacred acts

STAND BEFORE YOUR RIVER

A favorite river, or any river or body of water
wherever you are...even a bowl of water if it is all
you can be in contact with.

STATE YOUR INTENTION

Express your gratitude for all rivers
sustaining our life on Mother Earth

ENTER SACRED SPACE

Breathe, hum, rattle, sing, ring a bell,
light a candle or incense

OFFER YOUR BLESSING

Hold a small bowl of water in your hands
as you offer your blessing (repeat 3 times)

***"Beloved River, you are a vital element in my life.
We are intimately connected.
Your sacred waters flow through me,
Gifting me with nourishment, vitality and beauty.
I offer you my gratitude.
May you be pure, clean, healthy and free.
May you thrive and flow.
May your rights be honored.
May you, and all rivers, and all waters of Mother
Earth be cared for, honored and respected."***

Pour the water that now carries the vibration of
your words of blessing, into your river or if you are
not near a water body, then onto the Earth

CLOSE

Connect to your river...offer your personal blessing,
place flowers or offerings into the water, place your
hands into the water encircling the River with your
love and gratitude.



For A Tree

