

PREPARING FOR YOUR CEREMONY

Before the day of your ceremony identify the expression of nature that you will sing to and bless. It could be a special plant or tree in your yard, an entire forest, mountain, river, meadow-whatever calls to you. You will also need to decide what song you will sing-one of your own or learn the one we have provided on our web-page, "Blessing the Land" by Brooke Medicine Eagle. For this ceremony you will also need water and a small bowl as well as any other special items you may want to include in your prayer.

Singing to the Land Ceremony

Each expression of nature has a unique song and when it is sung has the power to restore, amplify and regenerate. We are beings of light and breath. In this ceremony we use our songs-words as an offering, and experience our unique human identity as caretakers of life on Mother Earth.

In the universal spirit of ceremony...
Set your intention and initiate these sacred acts

STAND BEFORE YOUR ASPECT OF NATURE

A favorite expression of nature wherever you are.

STATE YOUR INTENTION

Express your gratitude for all of nature that sustains life on Mother Earth and especially include your chosen expression.

ENTER SACRED SPACE

Breathe, hum, rattle, ring a bell, light a candle or incense

SING YOUR SONG

With a bowl of water on the earth before you, sing your song, holding in your heart your expression of nature and the nature surrounding you.

OFFER YOUR BLESSING

Hold the small bowl of water in your hands as you offer this blessing (repeat 4 times)

***"Beloved [*], you are a vital element in my life.
By your existence I live and love.
Your song flows through me,
Gifting me with nourishment, vitality and beauty.
I offer you my gratitude and my breath.
May you and all of nature be respected, nurtured, and sustained.
May your precious song be heard now and for all generations to come."***

Now pour the water from the bowl, blessing your expression of nature.

CLOSE

Offer your heart-felt gratitude to your expression of nature, and the land which surrounds you and to which you belong.

*fill in name of your chosen nature expression



For A Tree